



One week to explore The power of appreciation

What? A week of SALT visits

- to learn from the experience of communities in Mozambique
- to experience an appreciative strengths based approach called 'SALT'

When? From 19-22 June 2011

Where? District of Matola, in the province of Maputo, Mozambique

Every community has the capacity to respond to life issues, to envision and to act. Facilitators discover and reveal strengths which communities themselves might not realize, by asking appreciative questions. We call this mode of interaction with communities 'SALT': Stimulate, Appreciate, Listen, Learn and Transfer.

Handicap International and the Constellation invite you to participate in a week of SALT visits from **19-22 June 2011** in Mozambique, to experience this strengths-based approach. During 3 days, we would like you to experience first hand the local responses by Disabled People Organisations and communities in Mozambique. During one day, facilitators and communities will come together for a Knowledge Fair to share what they have learned.

"Maybe you can help me to understand what made me fall in love with SALT. My vision of people used to be different; they were beneficiaries of my activities. Today whenever I move to the field I'm going to find people who have their own concerns, dreams, strengths, etc. I'm going there to learn from them and my presence is already a stimulus for their dynamic. People love, need and request visits that help them feel more capable and valuable to their lives rather than the boring condition of poor, victim and beneficiary as we are used to make them feel," said Joao Vembane, HIV Technical Advisor, Handicap International in Mozambique.

One week to change our mindset: aren't we more tended to see what is missing in our private and professional lives than at appreciating what we have? By identifying people's strengths rather than their shortcomings, our visits will benefit us in our own context.

Participants will cover their travel and accommodation costs and a participation fee of 360 USD (including local travel, meetings costs, lunch and dinner). Please contact Joao Vembane (himozsida@tvcabo.co.mz), Rui Maquene (himozcdp2@tvcabo.co.mz) or Olga Muthambe (olgamuthambe@hotmail.com) for more information.