



What? A week of SALT visits
- to learn from the experience of communities in North Karnataka
- to experience an appreciative strengths based approach called 'SALT'

When? From 23-30 October 2010

Where? Koppal District, North Karnataka, India

One week to explore **The power of appreciation**



Every community has the capacity to respond to life issues, to envision and to act. Facilitators of the Constellation discover and reveal strengths which communities themselves might not realize, by asking appreciative questions. We call this mode of interaction with communities 'SALT': Stimulate, Appreciate, Listen, Learn and Transfer.

The Constellation and IndiaCompetence invite you to participate in a week of SALT visits from **23-30 October 2010** in North Karnataka, India, to experience this strengths-based approach.

During this week, we would like you to experience first hand the AIDS response by the people of Koppal district and to explore with them important lessons. Koppal district was one of the hardest hit by the epidemic but over the last four years, the HIV prevalence has been consistently declining.

One week to change our mindset: aren't we more tended to see what is missing in our private and professional lives than at appreciating what we have? By identifying people's strengths rather than their shortcomings, our visits will benefit us in our own context. "I have been personally transformed through these visits: I always thought I needed more money and more experience to help my country. Now, I realise I don't need all this. I can help by supporting local responses and revealing people's strengths", says Zahid from Bangladesh.

Participants will cover their own travel and accommodation costs and a participation fee (including local travel, meetings costs, lunch and two dinners). Please contact Divya Sarma (divya.samraksha@gmail.com) or Rituu B.Nanda (rituubnanda@gmail.com) for more information or to confirm your participation at the SALT visits.

www.communitylifecompetence.org